



step by step

LACE / LATTICED LAMPSHADE

Refresh tired drum shades with remnants of crochet and/or lace, using a thread to secure them in place.. You could create a delicate spider-web effect as well.

You'll need:

Drum lampshade

Pencil

Scissors

Iron

Pieces of dollies, crochet, lace trimmings

Long sharp needle and thread.

Using a needle, threaded with doubled, strong cotton, same colour as your trimmings, sew your pieces in place, starting at the base near the seam. Pull the lace tight as you go so it looks like a spider web. Continue until the shade is covered. Areas that don't quite stick together can be covered with long stitches.

Forest Recycling Project

WHO WE ARE

We are a social enterprise and a charity. We use creative solutions to help combat environmental issues. Our reach may be small but we believe in the power of small. We save fabrics from landfill and incineration and divert them to charitable projects as well as sell them to the community for a very affordable price. We believe that the issues the world faces are both environmental and social – that's why we work closely with our community, through volunteering programs, workshops and fabric sales.

To achieve the goal of sustainability everyone has to adjust their way of life – and we believe this change can be lead with authenticity and passion at the local community level.

You can visit our shop at 2c Bakers Avenue in Walthamstow on Friday and Saturday to see what we have to offer. You can also visit our website and apply to volunteer with us, register for email newsletters and follow us on social media. For more information please visit <https://frpuk.org/>



Shop: 2c Bakers Ave.

Walthamstow E17 9AW

Warehouse: Unit 7, The Sidings,

Leytonstone E11 1HD

Forest Recycling Project

RECYCLING FABRICS



This project was funded by North London Waste Authority



<https://www.instagram.com/forestrecyclingproject/>



<https://www.facebook.com/frponline/>

WHY IS RECYCLING FABRIC IMPORTANT?



The fashion industry has a huge impact on the environment. It is a complicated issue, and our need for clothing is putting a huge strain on our natural resources. We are focusing here on two of the most vital aspects.

SOIL DESTRUCTION

For instance, cotton cultivations are stripping the soil of its nutrients and are threatening biodiversity. **10% of the world pesticides are applied to cotton crops.**

Not only we waste natural resources and energy when creating new textiles, but decomposing fabrics release methane, a harmful greenhouse gas that contributes to global warming.

The **textiles industry is the world's second most polluting.** Fast fashion is a big part of the problem.

THE AVERAGE HOUSEHOLD IN THE UK OWNS ABOUT £4,000 WORTH OF CLOTHES

WATER POLLUTION

Chemicals and dyes from clothes also contaminate soil and water. The fashion industry is responsible for 1/3 of all the plastic pollution in the world's oceans. Textiles are the largest source of microplastics. Mostly, they come from our synthetic clothing. Every time we wash a fleece jacket 2 grams of these tiny killers will find their way from the washing machine to the oceans!

IT TAKES 10,000 LITRES OF WATER TO PRODUCE A PAIR OF JEANS, 1 PAIR!



As well as clothing, the fabrics we choose for our bedding, homewares and personal care products also matter. The advice would be to choose organic and natural textiles - it not only helps combat climate change but benefits people and nature too.



HOW CAN WE RECYCLE FABRICS?

Repairing / Mending / Alterations / Giving clothing new life
Reuse / Repurposing / Getting creative reusing fabrics.
Removing stains / Dyeing it / Looking after your clothes.
Buying sustainably / Swapping / Donating clothes you're not longer using.



One answer to fast fashion is to buy less. We're buying 5 times more than we did in the 1980s. It's estimated that 1/3 of clothes in UK wardrobes haven't been worn in the last year. Another solution is to choose sustainable, eco-friendly clothing.



Sources:
Clothing & Textiles / NLWA
Fashion & Textiles / Soil Association
Fashion Revolution
United Nations Facebook page